

# The Piper

# August 2024



## In This Issue

A Message from Father Martin	2-3, 8
Garden of Eatin'	4
Birthdays	5
Coffee Hour Organizers	5
Thoughts from a Parish Member	6-7
St. Andrew's Activities	7
Special Events	10-11



## **A Message from Father Martin**

Dear Friends,

In a recent sermon, I shared “A Pattern of Christian Spirituality” which I received from my mentor the Rev. Canon Herbert O’Driscoll. This list of twelve practices to help us grow in spiritual maturity has been helpful for me when I from time to time take stock of how my life (and our lives together) are going.

This is NOT a to-do list to be burdened by. My suggestion is to simply pick a few to focus on now, where you are, with what is going on in your own journey, to help you grow in peace, in love, and in service, especially in these changing and sometimes tumultuous days. Remember, this is NOT a list of things you OUGHT to do but a friendly guide for a well-rounded life. I am happy to meet with anyone to talk further about any of these. (O’Driscoll’s Pattern is in bold, followed by my comments.)

**Acting with focused compassion** – not paying lip-service to what is going on or to people around you but really listening and engaging, like Jesus, with life.

**Reading for your soul** – reading that nurtures and inspires your spiritual life. (Some trashy reading and TV is OK, but are you having a balanced diet?) And this applies to social media as well – is what you watch and engage good for your soul?

**Seeking Christian community** – like participating in church activities and being with folks with whom you can share your faith and spiritual journey.

**Worshipping** – turning to a power beyond yourself, with awe and love and humility, hopefully on a regular basis.

**Practicing forgiveness** – we all need practice. (There is an Arab proverb that says: the one who will not forgive should dig two graves.)

**Setting aside Sabbath time** – time for rest, to set tasks down and just breathe and be.

**Practicing letting go** - The poet Mary Oliver writes: “To live in this world you must be able to do three things: to love what is mortal; to hold it against your bones knowing your own life depends on it; and, when the time comes to let it go, to let it go.”

**Caring for oneself** – being a good steward of your own health and person and life.

**Practicing gratitude** – practice being thankful and expressing thanks. Consider all that is worthy of gratitude and thanksgiving.

**Affirming the blessings of the contemporary world** – affirm what is good now, rather than simply being nostalgic for the way it used to be.

**Developing a relationship with Jesus** – reading the gospels and remembering what Jesus cared about, how he treated people, and how he modeled this pattern of life.

**Living life in a context of prayer** – with the awareness that God is with you.

Continued on page 8

#### St. Andrew's Vestry Members

Rochelle Kelly, Senior Warden	Sara Hector
John Woolliscroft, Junior Warden	Sheryl Mello
Susan Greer, Clerk	Judyth Suttle
(Cindy Garay resigned in May due to health and time commitments)	

If you have any questions, comments, suggestions, please forward them to any of the Vestry members. Vestry meetings are held on the 3rd Tuesday of every month at 1 pm in the Parish Hall.

# Garden of Eatin'



## TRIPLE CHOCOLATE CAKE

Simple and yummy. Keep the ingredients on hand for a quick dessert.

1 package chocolate cake mix  
1 package instant chocolate pudding  
4 eggs  
1 1/4 cups water  
1/4 cup oil  
1 cup chocolate chips



Grease a 13 X 9 inch cake pan. Combine all ingredients in the pan until well blended. Bake at 350 degrees for 40 to 50 minutes. (It should pass tooth pick test.)

### HeeHeeHee!!!

The Sunday school lesson for the day was about Noah's Ark, so the teacher decided to get her small pupils involved by playing a game in which they identified animals. "I'm going to describe something to you. Let's see if you can guess what it is.

First: I'm furry with a bushy tail and I like to climb trees." The children looked at her blankly.

"I also like to eat nuts, especially acorns." No response. This wasn't going well at all!

Finally a kid volunteered: "Well, I know the answer has to be Jesus....but it sure sounds like a squirrel to me!"



## St. Andrew's Birthdays

### August Birthdays

14	Mark Carling	26	Colin Whitby-Strevens
14	Finn Katz	27	Rob Carling
15	Diane Dearinger	29	Jennifer Kennedy
17	Shirley Greenwood	30	Susan Greer
18	Becky Rooks	31	Martin Yabroff

### September Birthdays

2	Dave Erdman	7	Jim Roe
3	Katherine McCormick	13	Dustin Katz
4	Diane McCormick	13	Mary Jo Neish
5	Delle Townsend	26	Steven Rooks
6	John Woolliscroft		

### Coffee Hour Organizers

#### THANK YOU FOR ALL THE YUMMY THINGS YOU BRING US

This is an updated list of folks who will bring Coffee Hour and the dates we anticipate they will bring it. If you are unable to bring coffee hour please call someone else on the list and also, please let the office know so we can put the correct provider in the bulletin Office Sharon Fishel 831-247-5572

Shirley Greenwood	831-423-8290	August 4 (for Susan)
Janet Parske	831-246-1839	August 11
Eve Yabroff	253-225-8683	August 18
Jane Pomeroy	408-472-1586	August 25
Ellen Terry	415-516-9123	September 1
Shirley Greenwood	831- 423-8290	September 8
Barbara Banke	831-345-2992	September 15
Jennifer Kennedy	831-251-1471	September 22
Rochelle Kelly	408-691-2571	September 29

There will be a **Celebration for the Life of Jeannie Henry** on Sunday, August 25 from 12 noon to 3 pm at The River House, 200 Holiday Lane, Ben Lomond. Everyone is welcome. Her family encourages everyone to wear bright colors and festive hats.

## **Thoughts from a Parish Member**

There are times in life where your eyes are opened, your mind awokened, your direction is altered. Isabella Baumfree was such a person. One day at church, on Pentecost Sunday, at the age of 46, she opened her

heart and heard the word of God telling her to proclaim liberty to everyone and to tell them the truth of the Gospel. And so she did. She changed her name to Sojourner Truth and set about with a raging fire in her heart to tell people that we are all born free and children of God.

Other people in history have been chosen to “proclaim liberty throughout the land.” (Leviticus 25). Not all were Christians.; in fact, many were not. Gandhi was a Hindu. His message; however, was an inspiration for Martin Luther King Jr. They both believed that change could be achieved through non-violence. Turning the other cheek doesn’t mean allowing yourself to become a punching bag. It means you don’t meet violence with violence. You combat violence with education, love, and an example of a life lived in harmony with the peace of God. Jesus was one man who believed in non-violence. He had 12 disciples. There are now 2.4 billion Christians in this world. One person, one message, can change an entire world, if we but listen and more importantly -- follow.

Everyday, I turn on my phone and read the featured news stories. It’s amazing what news captivates people. There is always an article about the wars in the middle east (I am thankful they are not being done in the name of Christianity). Then there is usually an article about how poorly treated Prince Harry and his wife are, and forced to live in a shabby 14 million dollar home. So sad. Then there is the occasional update about the young man who bombed the Boston Marathon and how he wants to live in prison rather than being executed. Then everything is followed with the usual suspects and stories about corruption, murder, violence, and mayhem. Once in a while, there is something heart-warming. It usually comes in the form of “Dodo.” It’s a compilation of success stories about rescued animals.

Today, however, I almost skipped over an article from the Catholic Church. It was a story about a young man who is to be canonized a saint. I lost interest in sainthood stories right about the time Father Junipero Sera was canonized. He was a Franciscan priest who founded the mission system in California. He built missions using labor from the native



Americans who he had whipped, starved, and brutalized. Thousands died, but the missions still survive to this day. However, I am not writing about the mistakes of the church in the past. I stopped to read the story of Carlo Acutis. He was a 15 year old boy who died of leukemia. I wondered how someone that young could be considered a saint, so I read the story.

Carlo, at the age of 11 began his ministry. He toured all the sites where miracles had taken place. He created a website about those sites for all people to see. He believed that if people knew that Jesus was truly in the Eucharist, they would turn to God. Carlo knew he would die young, even predicting the cause of his death and his weight at the time. His mother said, “Carlo always had a sense that he couldn’t waste time.” He spent most of his time his time doing good works, helping children, the elderly, and the poor. He was popular at school, but also befriended children who were unhappy at home, defended the disabled, and treated girls with an old-fashioned purity that challenged everyone.

He was diagnosed with leukemia at age 15. He died as he predicted and his words to his mother about his death were what caught my attention. **“Mom, don’t be afraid. Since Jesus became a man, death has become the passage towards life, and we don’t need to flee it. Let us prepare ourselves to experience something extraordinary in the eternal life.”**

How could a 15 year old boy have that knowledge and faith when most of us struggle with it all our lives? I do believe this young man was touched by God and for the short time he lived, he showed that love and shared his insight about Jesus and the life to come. I guess for me those words were a revelation and a meaningful message from a 15 year old boy.

**“Let us prepare ourselves to experience something extraordinary in the eternal life.” Amen!**

**Steve LaFever**, a member of St. Andrew’s

## **A Message from Father Martin**

Continued from page 3

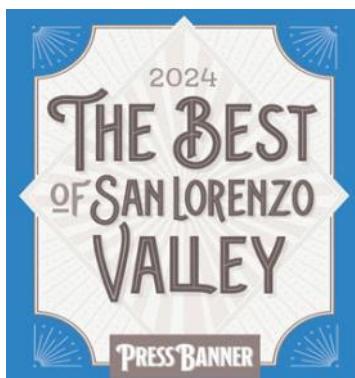
Meanwhile, August is upon us already. Bible Study continues on Tuesdays from 11 to Noon in the Parish Hall. (In August we will begin reading 1 Corinthians.) Sunday Worship (with choir practice beforehand) continues at 10 am – we have a wonderful service, with a wonderful congregation.

Here is the Prayer in our Prayerbook (p. 825) for the good use of leisure:

***O God, in the course of this busy life, give us times of refreshment and peace; and grant that we so use our leisure to rebuild our bodies and renew our minds, that our spirits may be opened to the goodness of your creation; through Jesus Christ our Lord. Amen.***

Yours in Christ,

Martin+



St. Andrew's tied for First Place with Felton Presbyterian Church in the category:  
***Best Place to Worship.***

## *St. Andrew's Activities*



On July 13, St. Andrew's hosted a fundraiser for the Santa Cruz Baroque Festival, which in years past had been held at Boomeria, the home of our own Preston Boomer. It was a wonderful event, and many folks were introduced to St. Andrew's Church, organ and hospitality. Jesse McMilan was one of the organists for the concert.

St. Andrew's table at the St. Philip's Trivia Night. Our theme was "the Scots of St. Andrew's. Pictured are Rochelle Kelly, Steve LaFever, Barbara Banke, Andrew Yabroff (Martin and Eve's son) and Brian and Wendy Harrison of Scotts Valley.  
(Photo by Martin+)



### **Just a reminder!!!**

There will be a Celebration for the Life of Jeannie Henry on Sunday, August 25 from 12 noon to 3 pm at The River House, 200 Holiday Lane, Ben Lomond. Everyone is welcome. Her family encourages everyone to wear bright colors and festive hats.

# St. Andrew's Ministries

## Prayer Team

We have an active prayer team at St. Andrew's led by Sue Roe. When a prayer concern is made known to Sue, she sends it out to the group so they can be praying for you. Please contact Sue if you would like some prayers.

Also, if you would like to be one of the pray-ers, let Sue know and she will be happy to add you to the group.

Please contact Sue at Phone 562-243-4080, or by email [suemhr@aol.com](mailto:suemhr@aol.com)



## Outreach Committee

If you know of or support a non-profit organization and would like it to be considered for a grant from St. Andrew's, please provide information on its programs to the Outreach Committee. The members of the committee are Susan Greer, Joan McVay, and Ray Rischpater. We are also looking for additional committee members, so if you are interested, please contact Susan, Joan, or Ray. The committee meets after Bible Study, generally on the 3rd Tuesday of the month.

**ACA** (Adult Children of Alcoholic and Dysfunctional Families) meets every Wednesday evening upstairs.

# **Our church-wide gathering in Louisville**

**By Jane Pomeroy**

From June 22nd through the 28th, some 9,000 Episcopalians converged on Louisville, Kentucky for the 81st Episcopal Church Women's Triennial (which celebrated 150 years of women's ministry). I have had the wonderful opportunity to attend several of these gatherings. It is always a joy-filled and moving experience. Every morning begins with worship. This year there was Eucharist three times and Morning Prayer the other days. All services included bilingual (Spanish and English) liturgy and songs, and sometimes more languages. We are an inclusive church.

Since I was there to represent our El Camino Episcopal Church Women (ECW) and also the Church Periodical Club, my time was almost all spent at the Triennial. We did worship with the whole convention, but our meetings were held at a nearby hotel. The Triennial had business to address. There were 4 proposed amendments to the By-Laws. Two were passed and two failed. We elected a new board to guide the National ECW through the next 3 years.

The Church Periodical Club (CPC) is an affiliated organization of the Episcopal Church. Our mission is to the ministry of the written word. When CPC was founded in 1888, this meant collecting and sifting mostly used books and periodicals to the "wild west". Today we provide grants for written materials of all kinds to Episcopal affiliated groups and organizations, and seminarians, throughout this country and. We operate entirely through donations from churches and individuals.

The National Book Fund takes applications annually (deadline is March 1) for materials for adults. Grants are awarded at our annual granting session in June. The Miles of Pennies fund covers grants for children's materials. Applications are accepted throughout the year and are usually awarded within 6-8 weeks. The maximum grant is \$844.80 (which represents a mile of pennies laid side-by-side). Application forms for both funds are available to download from our website, [churchperiodical.com](http://churchperiodical.com). I am happy to talk about the ministry any time; stop me at church, phone me or email .

Jane Pomeroy



Dance like no one  
is watching.  
Sing like no one  
is listening.  
Love like you've  
never been hurt  
and live like  
it's heaven on earth.  
Mark Twain

Join us for Worship Services on Sundays at 10 a.m.  
and the social hour after. The sermon may be watched  
on St. Andrew's Facebook page, if you are not able to  
attend in person.