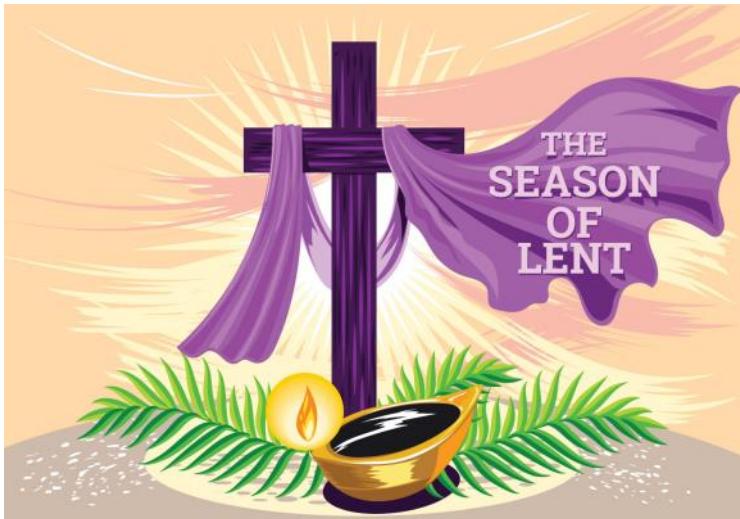


The Piper

March 2025



In This Issue

A Message from Father Martin	2-3
Garden of Eatin'	4
Random Thoughts	5
Birthdays	6
Thoughts from a Parishioner	8-9
St. Andrew's Activities	10
St. Andrew's Announcements	11



A Message from Father Martin

Dear Friends,

We begin this March - a season of spiritual renewal known as Lent. On Tuesday, March 4 we prepare with **Shrove Tuesday Pancake Supper**, from 5 to 6:30 pm in our Parish Hall. The next day, March 5, is Ash Wednesday, the beginning of Lent. We will offer two services for entering this spiritual renewal season, with repentance and turning again towards God, remembering God's gracious welcome to our turning, and celebrating Holy Communion together. The **Ash Wednesday services will be at 12 Noon and 7:00 pm.**

At our Sunday worship services during Lent (except on the First Sunday in Lent), we will reaffirm our Baptismal Promises each Sunday in place of the Nicene Creed. In these tumultuous days for our nation, our baptismal promises remind us what we can be doing and focusing on week in and week out. Beyond all the things we cannot affect or control, we can grow spiritually with Scripture, prayer and fellowship, we can turn to the Lord when we get distracted, we can seek and serve Christ in all persons, we can proclaim the Good News of Jesus wherever we are, and we can seek justice and respect the dignity of every human being. These are how we live in 'interesting times'.

Our **Lenten Soup and Discussion series** will be on Wednesdays from 5 to 6:30 pm, beginning on March 19. Our four sessions will focus on the Way of Love: practices for following Jesus. There are 7 practices, and we will consider and discuss two at each session. The practices are: **Turn, Learn, Pray, Worship, Bless, Go, Rest.** I will lead our discussions as we share what these practices might mean for each of us.

Please **read one of the four Gospels during Lent or choose some spiritually nurturing reading for this season.** If you would like to meet to talk about your spiritual journey, please let me know - I welcome such informal and confidential conversations.

Remember in all the ups and downs of our journeys and lives, God's grace and love are given unconditionally. May this holy season be a time for us to renew our sense of God's grace and love in our own lives. And may we encourage one another in following Jesus' Way of Love.

Yours in Christ,

Martin+

From Episcopal Relief & Development: "This Lent, 'let us consider how to provoke one another to love and good deeds, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching' (Hebrews 10:24-25).

Join writer Jerusalem Jackson Greer this Lent as she encourages us to partake in '**A Commonplace Lent.**' To subscribe, follow this link or use <https://episcopalrelief.org/church-in-action/lent/#subscribe>

[2025 Lenten Meditations - Episcopal Relief & Development](#)

St. Andrew's Current Vestry Members

Susan Greer, Senior Warden

Sheryl Mello

John Woolliscroft, Junior Warden

Jane Pomeroy

Steve LaFever, Clerk

Ray Rischpater

Sara Hector

If you have any questions, comments, suggestions, please forward them to any of the Vestry members. Vestry meetings are usually held on the 3rd Tuesday of every month at 1 pm in the Parish Hall.

Garden of Eatin'



Jumbo Breakfast Cookies

2 cups white sugar
1 cup peanut butter
1 cup butter
1/2 cup water
2 tablespoons vanilla extract
2 large eggs
2 1/4 cups all-purpose flour
1 teaspoon baking soda
1/2 teaspoon salt
1 1/2 cups rolled oats
1 1/2 cups raisins

6 cups toasted oat cereal rings (such as Cheerios)

As desired, add chocolate chips or substitute dried cranberries for raisins.

Heat oven to 350 degrees.

Mix sugar, butter, water, vanilla and eggs until smooth in a large bowl. Combine flour, baking soda and salt and stir into the cookie batter; add oats and raisins, and gently stir in the cereal.

Drop 1/2 cupfuls of dough on an ungreased cookie sheet spaced about 4 inches apart. Flatten cookies to 1 inch thick.

Bake about 10 to 12 minutes, until lightly browned around the edges. Cool for about 5 minutes, before placing in rack.

Makes 24 cookies.



HeeHeeHee!!!

An elderly woman had just returned to her home from an evening of church services when she was startled by an intruder. She caught the man in the act of robbing her home of its valuables and yelled, "Stop! Acts 2:38!" (Repent and be baptized, in the name of Jesus Christ so that your sins may be forgiven.)

The burglar stopped in his tracks. The woman calmly called the police and explained what she had done.

As the officer cuffed the man to take him in, he asked the burglar, "Why did you just stand there? All the old lady did was yell a scripture to you."

"Scripture?" replied the burglar. "She said she had an ax and two 38's!"

Random Thoughts

The Paradoxical Commandments of Leadership

By Kent Keith*

People are illogical, unreasonable, and self-centered,
Love Them anyway

If you do good, people will accuse you of selfish
ulterior motives, Do Good anyway

If you are successful, you win false friends and true
enemies, Succeed anyway

The good you do today will be forgotten tomorrow,
Do Good anyway

Honesty and frankness make you vulnerable, Be
Honest and Frank anyway

The biggest man and woman with the biggest ideas
can be shot down by the smallest minds, Think Big
anyway

People favor underdogs, but follow only top dogs,
Fight for a Few Underdogs anyway

What you spend years building may be destroyed
overnight, Build anyway

Give the world the best you have and you'll get
kicked in the teeth, Give the World the Best you
have anyway.

*Based on Mother Theresa's Poem for Living

St. Andrew's Birthdays

March Birthdays



4 Gina Carling
7 Clark McPherson

16 Nia Woolliscroft
24 Tom Spring
27 Steve LaFever

April Birthdays

5	Luke Banke	18	Sheryl Mello
6	Sharon Fishel	22	Susan Vallderuten
11	Donna Brough	26	Hyacinth Bevan
13	Tetiana Davidson	27	Joan McVay
14	Barbara Banke		

We would like to celebrate your birthday—if you are not on our birthday list, please give the date to Susan Greer, sgreerincruz@gmail.com, so you can be added.

Coffee Hour Organizers

THANK YOU FOR ALL THE YUMMY THINGS YOU BRING US

This is an updated list of folks who will bring Coffee Hour and the dates we anticipate they will bring it. If you are unable to bring coffee hour, please call someone else on the list and also please let the office know so we can put the correct provider in the bulletin. Office Sharon Fishel 831-247-5572

Ellen Terry 415-516-9123	March 9
Susan Greer 207-624-2569	March 16
Andrea Dubov 831-291-2869	March 23
Barbara Banke 831-345-2992	March 30
Shirley Greenwood 831-423-8290	April 6
Barbara Banke 831-345-2992	April 3
Eve Yabroff 253-225-8683	April 20 Easter
Emily Kjaergaard 408-221-3830	April 27
Andrea Dubov 831-291-2869	May 4
Jennifer Kennedy 831-251-1471	May 11
Rochelle Kelly 408-691-2571	May 18
Jane Pomeroy 408-472-1586	May 25
Ellen Terry 415-516-9123	June 1
Shirley Greenwod 831-423-8290	June 8
Barbara Banke 931-345-2992	June 15
Eve Yabroff 253-225-8683	June 22
Emily Kjaergaard 408-221-3830	June 29

Mother Theresa's Poem for Living

PEOPLE ARE OFTEN UNREASONABLE
AND SELF-CENTERED.

FORGIVE THEM ANYWAY.

IF YOU ARE KIND, PEOPLE MAY
ACCUSE YOU OF ULTERIOR MOTIVES.

BE KIND ANYWAY.

IF YOU ARE SUCCESSFUL, YOU WILL WIN
SOME FALSE FRIENDS AND SOME TRUE ENEMIES
SUCCEED ANYWAY.

WHAT YOU SPEND YEARS BUILDING
SOMEONE CAN DESTROY OVERNIGHT

BUILD ANYWAY.

IF YOU ARE HONEST,
PEOPLE MAY CHEAT YOU.

BE HONEST ANYWAY.

IF YOU FIND HAPPINESS,
PEOPLE MAY BE JEALOUS.

BE HAPPY ANYWAY.

THE GOOD YOU DO TODAY MAY
BE FORGOTTEN TOMORROW.

DO GOOD ANYWAY.

GIVE THE WORLD THE BEST YOU HAVE
AND IT MAY NEVER BE ENOUGH.

GIVE YOUR BEST ANYWAY.

FOR YOU SEE, IN THE END,
IT IS BETWEEN YOU AND GOD.

**IT WAS NEVER BETWEEN
YOU AND THEM ANYWAY.**

-MOTHER THERESA

Thoughts from a Member of the Parish



"We are so convinced that past evils must repeat themselves that we make them repeat themselves. We dare not risk a new life in which the evils of the past are totally forgotten; a new life seems to imply new evils, and we would rather face evils that are already familiar. Hence, we cling to the evil that has already become ours and renew it from day to day, until we become identified with it and change is no longer thinkable." — Thomas Merton

Here we are again in Lent. As church-going Christians, we live this cycle of Biblical momentum. It is time to tell others what we have "given up" for Lent. Sticking with that decision makes us better Christians. We then move through the season feeling good about our unselfish decisions and look to the Cross as the reward.

The heart of Christianity is Love and Forgiveness. When we see another person, whether it is someone we know or don't know, do we recognize the God inside them? After all, we are all made in the image of God. Or do we put labels on them and judge them according to current ideas about those labels? Jesus asked His disciples to follow Him. There was no expectation of striving to be successful in a human context. There was no expectation of being popular, rich, well-dressed, or any attributes except that of seeing God in others. Our life should be about encountering others by looking beyond their appearances and our feelings and loving them just because they are also children of God, just as you and I are.

Lent should be about coming to terms with our Christianity. Forgiveness is about loving another whether or not they have wronged you. Love is always unconditional. I have heard people say, "I will love you IF you do this or that." The word IF is an indication that your love is not unconditional. Love and forgiveness do not have restrictions.

It is interesting to be at Bible Study and listen to different chapters of this book being read. We then try to interpret it and understand it. It is difficult trying to understand a document written so long ago and the context in which it was written. We have come up with some remarkable thinking. However, if we try to live the essence of what is being said, it's difficult. How do we shed human thoughts about greed, lust, jealousy, and hate? The Jesus of the Bible, the Son of God, the Holy Spirit, asks us to do just that. Give up your human desires and follow Him. That's easy, right?

Here is it Lent again. We begin our journey to the cross. The world around us is in chaos. Heads of state, rulers of nations, kings and presidents, act on human ambition and greed in a quest for power. However, for us who are on that pilgrimage to Calvary, it is God leading the way. The secular world, making secular decisions, trying to reach secular goals, will reap from the field what they sow. The rest of us will march toward the Cross of Jesus by loving and forgiving and looking forward to the possibilities of a new world. Glory, Glory Hallelujah! His truth is marching on . . . and on . . . and on.

Those who know not love, know not God, for God is love!

— Steve Lafever



St. Andrew's Ministries

Prayer Team

We have an active prayer team at St. Andrew's led by Sue Roe. When a prayer concern is made known to Sue, she sends it out to the group so they can be praying for you. Please contact Sue if you would like some prayers.

Also, if you would like to be one of the pray-ers, let Sue know and she will be happy to add you to the group.

Please contact Sue at Phone 562-243-4080, or by



Women's Circle will meet on the second Wednesday of each month from 10:00-11:30 in the Parish Hall. You can help shape the circle. We have agreed to share leadership for this gathering. If you have an idea for sharing or would like to bring food to share, please let Ann Moyer know. We hope to see you there!

annbmoyer@hotmail.com, 619-321-8596

Outreach Committee

If you know of or support a non-profit organization and would like it to be considered for a grant from St. Andrew's, please provide information on its programs to the Outreach Committee. The members of the committee are Susan Greer, Joan McVay, and Ray Rischpater. We are looking for additional committee members, so if you are interested, please contact Susan, Joan, or Ray. The committee meets after Bible Study, generally on the 3rd Tuesday of the month.

Church Periodical Club Quilt Raffle Challenge

The Church Periodical Club gives grants to organizations in or connected to the Episcopal Church for written materials. The National Book Fund (NBF) gives grants for materials for adults. The Seminarian Fund gives grants to persons studying at the nine Episcopal seminaries. The new Diaconate Fund gives grants to persons preparing for the vocational diaconate. Our funding is solely from donations and the annual quilt raffle. The raffle is open from January 23rd through March 9th.

Details

- Tickets will be \$10.00 for 10 tickets, \$25.00 for 30 tickets, \$50.00 for 75 tickets or \$100.00 for 200 tickets.
- If you add an extra \$2.00 bonus to help pay for the Rally expense, you will receive 5 extra tickets.

Recycled Hearts are folks that find a way to reuse materials, etc. They share items and all items are donated where there is a need. They usually use a table cloth or sheet for their backings, sometimes a curtain. It is a loose organization without an email or website.

The link is: <https://go.rallyup.com/cpc2025/Campaign/Details>

For pictures and more details see our website: <https://churchperiodical.com/quilt-raffle/>

Contact Jane Pomeroy for more information.

LOSS (WINGS) Associated with Suicide Prevention Services of the Central Coast, it is a support (not therapy) group for anyone who has lost someone to suicide, years ago or recently. They meet on the 2nd and 4th Tuesdays from 6:00 to 7:30 pm (please note this is a change in time) in the Parish Hall. The Facilitator is Dr. Joan McVay of St. Andrew's. For more information, contact Julie Cory at 831-246-8750.

ACA (Adult Children of Alcoholic and Dysfunctional Families) meets every Wednesday evening upstairs.

Hello March

M ay the early spring
A waken your soul and
R emind you to
C elebrate the season with the
H ope and joy it brings



Join us for Worship Services on Sundays at 10 a.m. and the social hour after. The sermon may be watched on St. Andrew's Facebook page, if you are not able to attend in person.